Dr. Almeida Replies

TO THE EDITOR:

I thank Dr. Levy for his interesting comments on an earlier submission (¹). I believe he is wise to choose daily (not monthly) rifampin for himself. He is right in stating that "persister" *Mycobacterium leprae* occur regardless of the regimen used. However, this will be poor comfort to patients who are on monthly rifampin. It is nonpersister *M. leprae*, rather than "persisters," that are worrisome (³). Monthly rifampin is far less effective than daily rifampin against nonpersister *M. leprae*.

In passing, I am sure that Dr. Levy has persuaded himself adequately of the relevance of mouse foot pad findings to human therapy (⁶). Particular mouse foot pad findings may be inconvenient, but that is surely no reason to selectively discard them.

Dr. Levy seems to draw comfort from the record of WHO-MDT, based largely on self-

healing patients and those already smearnegative after previous treatment. Even placebos might have a fair measure of success under those circumstances. It is more meaningful to analyze results among previously untreated, smear-positive lepromatous patients, when a less comforting picture might emerge (^{7, 8}).

Let us consider rifampin and cost-effectiveness. Daily rifampin is effective and the single initial dose of rifampin gives a surprisingly high initial kill ($^{2, 4, 5}$). However, monthly rifampin appears no more effective than daily dapsone or clofazimine ($^{2, 4, 5}$). If rifampin is continued beyond a single initial dose, it should be given daily or not at all. Monthly rifampin appears superfluous.

-Joel G. Almeida, M.B.B.S., Ph.D. Consultant in Infectious Disease P.O. Box 25 Kodaikanal 624101. India

61, 4

Correspondence

REFERENCES

- ALMEIDA, J. G. How effective is monthly rifampin? Int. J. Lepr. 60 (1992) 81–82.
- ALMEIDA, J. G. A quantitative basis for sustainable anti-*Mycobacterium leprae* chemotherapy in leprosy control programs. Int. J. Lepr. 60 (1992) 255– 258.
- GROSSET, J. H. Recent developments in the field of multidrug therapy and future research in chemotherapy of leprosy. Lepr. Rev. 57 Suppl. 3 (1986) 223–234.
- 4. GROSSET, J. H. and GUELPA-LAURAS, C. C. Activity of rifampin in infections of normal mice with *M. leprae.* Int. J. Lepr. **55** (1987) 847–851.
- JI, B., CHEN, J., LU, X., WANG, S., NI, G., HOU, Y., ZHOU, D. and TANG, Q. Antimycobacterial activ-

ities of two newer ansamycins, R-76-1 and DL473. Int. J. Lepr. 54 (1986) 563-577.

- LEVY, L. Application of the mouse foot pad technique in immunologically normal mice in support of clinical drug trials and a review of earlier clinical drug trials in lepromatous leprosy. Int. J. Lepr. 55 Suppl. (1987) 823–829.
- PATTYN, S. R. Search for effective short-course regimens for the treatment of leprosy. Int. J. Lepr. 61 (1993) 76-81.
- VAN BRAKEL, W., KIST, P., NOBLE, S. and O'TOOLE, L. Relapses after MDT for leprosy: a preliminary report of 22 cases in western Nepal. Lepr. Rev. 60 (1989) 45-50.