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Active Surveillance of Leprosy Contacts in Country
with Low Prevalence Rate²

ABSTRACT

For advanced control of leprosy in Pakistan where the World Health Organization leprosy elimination goal was achieved in 1996, we conducted surveillance of *Mycobacterium leprae*-seropositive patients and their contacts and drug resistant strains of *M. leprae*.

We measured anti-PGL-I antibody level in sera from leprosy patients and their contacts for early detection of *M. leprae* infection. Out of 34 leprosy patients undergoing treatment, 4 lepromatous leprosy patients were antibody positive, and 6.8 to 23.7 percent of occupational or household contacts were seropositive. Furthermore, three cases (1.2%) had a high antibody titer. For surveillance of drug resistant strains of *M. leprae*, dapsone and rifampin were targeted. Four out of 18 polymerase chain reaction (PCR) positive samples had mutation in *folP* gene, and among 10 PCR positive samples, one had a mutation in the *rpoB* gene.

These results indicate that serological analysis of patient contacts might be useful to find out high risk individuals, and there are *M. leprae* strains resistant to chemotherapeutic agents in Pakistan.

RÉSUMÉ

Dans le cadre du contrôle avancé de la lèpre au Pakistan où le programme de l'Organisation Mondiale de la Santé a atteint son but d'élimination en 1996, nous avons mené une étude d'épidémiologie-surveillance des patients séropositifs contre *Mycobacterium leprae*, de leurs contacts et des souches résistantes de *M. leprae* aux médicaments.

Nous avons mesuré les niveaux d'anticorps anti-PGL-I dans le sérum de patients lépreux et des personnes en contact avec ces derniers afin d'effectuer une détection précoce de l'infection par *M. leprae*. Parmi 34 patients actuellement sous traitement, 4 patients lépromateux étaient positifs à l'examen sérologique, et 6,8 à 23,7 pour cent des personnes en contact, soit professionnel, soit domestiques, furent séropositifs. De plus, 3 cas (1,2%) présentaient un titre élevé. La résistance à la dapsone et la rifampicine furent évaluées pour la surveillance des souches résistantes de *M. leprae*. Quatre des 18 échantillons positifs par PCR présentaient des mutations du gène *folP* et, parmi 10 échantillons positifs par PCR, une avait une mutation du gène *rpoB*.

Ces résultats indiquent que l'analyse sérologique des contacts proches de patients hansenien pourrait bien être utile pour découvrir les individus à haut risque et qu'il existe des souches de *M. leprae* résistantes aux médicaments chimiothérapeutiques au Pakistan.

RESUMEN

Se hizo un estudio en Pakistán, donde la meta de la OMS de eliminación de la lepra se logró en 1996, para evaluar la evolución de los pacientes sero-positivos a *Mycobacterium leprae* y sus contactos, y para detectar cepas de *M. leprae* resistentes a las drogas antileprosas.

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Se midió la presencia de anticuerpos anti-PGL-I en los sueros de los pacientes y sus contactos para detectar la infección temprana por *M. leprae*. De los 34 pacientes en tratamiento, 4 pacientes con lepra lepromatosa (11.7%) tuvieron anticuerpos anti-PGL-I, además de que 6.8% de los contactos ocupacionales y 23.7 % de los contactos convivientes también fueron sero-positivos. Tres casos (1.2%) tuvieron anticuerpos anti-PGL-I a títulos elevados. También se estudió la resistencia de las cepas a dapsona y rifampina. Cuatro de 18 muestras positivas por la reacción en cadena de la DNA polimerasa (PCR) tuvieron una mutación en el gene *foIP*, y una de 10 muestras positivas por PCR tuvo una mutación en el gene *rpoB*.

Estos resultados indican que el análisis serológico de los pacientes puede ser útil para detectar a los individuos de alto riesgo, y que en Pakistán hay cepas resistentes a la quimioterapia.

TO THE EDITOR:

In Pakistan, the multi-drug therapy (MDT) program against leprosy conducted by the World Health Organization (WHO) to eliminate the disease was quite successful, and the present prevalence rate is 0.1 per 10,000 inhabitants. However, there are "hot spot areas" where the prevalence rates are still as high as 3.4 per 10,000. Although a significant reduction of the total number of cases registered was observed, no apparent reduction of new cases was achieved⁽⁹⁾, and the WHO has now recognized a necessity of a serious concern for leprosy control. One of the ways to achieve disease elimination is an active epidemiological surveillance of patient contacts in highly endemic "hot spot areas," which will be directly associated with detection of leprosy patients at an early stage.

On the other hand, although MDT was designed to prevent the emergence and spread of drug resistant strains, resistant *Mycobacterium leprae* strain have emerged. A strain showing resistance to both dapsona and rifampin was reported in 1993⁽³⁾ and, at present, there are even reports indicating the emergence of a strain resistant to multi-

ple drugs⁽⁶⁾. These drug resistant strains provide another serious problem and should not be ignored, especially in countries where the leprosy elimination goal has been achieved. Therefore, the development of a useful tool for early detection of leprosy and drug resistant strains is necessary for the prompt initiation of better medication.

In this study, we conducted serological surveillance of household and occupational contacts, and detected drug resistant strains in Karachi, a representative endemic area in Pakistan.

Serological test for leprosy. A total of 300 sera from various individuals, including in-and-out patient of CDGK Leprosy hospital, were obtained with informed consent. These sera were donated by 34 leprosy patients under treatment, 193 household contacts, 59 occupational contacts, and 14 non-contact healthy individuals living in Karachi (Table 1). Infection with *M. leprae* was assessed by using SERODIA[®]-leprae kit (Fuji Rebio Inc., Tokyo, Japan), which detects antibody against phenolic glycolipid-I (PGL-I)⁽¹⁾. Four leprosy patients under treatment were still found to be anti-PGL-I antibody positive (Table 1), and they were

TABLE 1. Detection of anti-PGL-I antibody in sera from leprosy patients and their contacts.^a

Group	No. of sera examined	No. of positive sera	Percent positivity	No. of positive sera at each serum dilution				
				1:32	1:64	1:128	1:256	1:>512
Lepromatous leprosy patients	20	4	20	0	2	0	0	2
Borderline leprosy patients	8	0	0	0	0	0	0	0
Tuberculoid leprosy patients	6	0	0	0	0	0	0	0
Household contacts (children)	61	7	11.5	0	3	0	3	1
Household contacts (adults)	132	9	6.8	4	2	1	2	0
Occupational contacts	59	14	23.7	2	5	3	2	2
Non contacts	14	3	21.4	0	1	1	1	0
Total	300	37	12.3	6	13	5	8	5

^a Detection of anti-PGL-I antibodies in serially diluted sera by ELISA using NT-P-BSA antigen coated gelatin particles.

Serum dilution of more than 1:32 showing agglutination was taken as positive.

TABLE 2. Detection of drug resistant associated gene mutations of clinical isolates of *M. leprae*.*

Place	No. of samples	<i>folP</i> gene		<i>rpoB</i> gene	
		No. amplified [†]	Mutation	No. amplified	Mutation
Karachi	24	8	1	5	1
Peshawar	5	5	1	5	0
Balakot	10	5	2	0	0
Total	39	18	4	10	1

*Drug resistance related-genes, *folP* and *rpoB* were amplified by PCR, sequenced, and compared with control *M. leprae* strain, Thai 53.

[†]Number of samples successfully amplified by PCR.

all lepromatous leprosy patients. However, borderline or tuberculoid leprosy patients had no antibodies against PGL-I. We then examined 193 household and 59 occupational contacts. Among household contacts, 11.5% of children had the antibody as did 6.8% of adult contacts (Table 1). Furthermore, 23.7% of occupational contacts had the antibody. Three out of 14 non-contacts were antibody positive. Further studies should be conducted with a larger number of non-contacts, but presently, we could not obtain informed consent from them. The titers among child contacts and occupational contacts are surprisingly high, which may indicate that some individuals were exposed to *M. leprae*. This is in accordance with a report that the seroprevalence rate was 26 to 28% in the high endemic area, and 7% in the low endemic area in Sulawesi, Indonesia (7). When we measured the antibody in a semi-quantitative fashion, individuals having high antibody titer were found in household and occupational contacts. The titers of antibody varied from low (1:32) to high (1:>512) values. Three cases out of 252 (1.2%) samples showed quite high (1:>512) antibody titer. These individuals should have a clinical examination to monitor the leprosy manifestation. It has been reported that anti-PGL-I antibody level can reflect the disease activity (2). Therefore, it might be reasonable to speculate that the antibody production was suppressed by successful MDT treatment.

Detection of drug resistant *Mycobacterium leprae*. Multi-bacillary (MB) type leprosy patients, either under or after MDT treatment, were targeted to obtain bacilli in the biopsy specimen. *M. leprae* genomic DNA was extracted from the specimens as described previously (5).

To detect drug resistant *M. leprae*, based on the previous studies (4, 6, 8), we targeted mutations of the *folP* gene encoding dihydropteroate synthase (DHPS) for dapsone (5), and the *rpoB* gene for rifampin resistance (4, 8). The polymerase chain reaction (PCR) conditions and primers for *folP* and *rpoB* are as described previously (5, 6). The amplified products from each primer pair were sequenced by using the ABI Prism 310 Genetic Analyzer (Perkin-Elmer Applied Biosystems, Norwalk, CT, U.S.A.).

Thirty-nine skin samples were taken from leprosy patients in endemic areas of Pakistan such as Karachi, Peshawar, and Balakot, to detect gene mutations relating to drug resistance (Table 2). The number of samples successfully amplified using primers for *folP* gene from 39 biopsy specimens was 18. Among amplified samples, four samples showed *folP* mutations (22.2%). The *folP* gene mutations were found at position 158th (the numbering system following that of reference 5) in three samples, and position 164th in one sample. These mutations induce amino acid changes from threonine to isoleucine at position 53rd of DHPS and from proline to arginine at 55th, respectively (not shown). These mutations have most commonly been observed in dapsone resistant strains (5). Although a larger number of samples should be analyzed, these observations may indicate that there are dapsone-resistant *M. leprae* in Pakistan. In contrast to *folP* gene, primer pair for *rpoB* less frequently amplified the DNA. The possible reason for the failure might be the presence of less than detectable level of *M. leprae* bacilli. In our hands, the detection limit is approximately ten bacilli per biopsy sample. Also the different amplification efficiency between *folP*

and *rpoB* might depend on a difference of the specificity of primers for each gene. Among ten *rpoB* gene samples amplified from the 39 biopsies, one sample showed the gene mutation at position 550th of the *M. leprae* β subunit gene of RNA polymerase. This position was not a so-called "hot spot" of *rpoB*-associated resistant mutations (8); however, it induced a change of amino acid residue from aspartic acid to glycine (not shown). There was no relationship among the resistant samples, and no double mutation encoding both *folP* and *rpoB* genes was observed.

It is not easy to determine whether the resistant strain developed before or after introduction of MDT. However, there might be some patients who are inadequately treated with MDT due to economical or other social reasons. These patients have a higher risk to produce multidrug-resistant strain than patients adequately treated. Active surveillance is required for control of the spread of drug resistant *M. leprae*.

Taken together, we showed that some leprosy patient contacts have been infected with *M. leprae*. Also, dapsone resistance has been detected in Pakistan.

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